

SIMLEY CC SIMLEY CC SUMMER RUNNING SIMLEYCC SIMLEY CC

Monday, July 19 is the first day of summer practice. We will meet at the track at 10:00am.

Monday August 16 is the first official day of practice. Meet at the track at 10:00 am.

WEEK 1

Mon July 19 10:00a

Tues July 20 5:00p

Wed July 21 10:00a

Thu July 22 5:00p Lebanon Hills Regional Park, Shultze Beach

WEEK 2

Mon July 26 10:00a

Tues July 27 5:00p

Wed July 28 10:00a

Thu July 29 5:00p Lebanon Hills

WEEK 3

Mon Aug 2-Thu, Aug 5 no practice

WEEK 4

Mon Aug 9 10:00a

Tues Aug 10 5:00p

Wed Aug 11 10:00a

Thu Aug 12 5:00p Lebanon Hills

WEEK 5

Mon Aug 16 10:00a First official day of practice

Tues Aug 17 10:00a

Wed Aug 18 10:00a

Thu Aug 19 5:00p Lebanon Hills

Fri Aug 20 10:00a

WEEK 6

Mon Aug 23 10:00a

Tues Aug 24 10:00a

Wed Aug 25 10:00a

Thu Aug 26 5:00p Lebanon Hills

Fri Aug 27 10:00a

WEEK 7

Mon Aug 30 10:00a

Tues Aug 31 10:00a

Wed Sept 1 10:00a

Thu Sept 2 Time and Location TBD

Fri Sept 3 First Meet-Dakota Co. Invitational